



# Girl Scout Cookies® 2026 Food Allergens Guide



|                                                                                                                       | CONTAINS (Y) OR MANUFACTURED<br>IN A SHARED FACILITY WITH (M) |     |      |         |      | CONTAINS                       |                                     |                  |              | CERTIFICATIONS           |                                |                                    |
|-----------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------|-----|------|---------|------|--------------------------------|-------------------------------------|------------------|--------------|--------------------------|--------------------------------|------------------------------------|
|                                                                                                                       | Wheat                                                         | Soy | Milk | Peanuts | Eggs | NO High Fructose<br>Corn Syrup | ONLY Colors from<br>Natural Sources | NO Preservatives | NO Trans Fat | Certified<br>Gluten Free | Made with<br>Vegan Ingredients | Certified Kosher<br>OU-D and Halal |
|  <b>Adventurefuls®</b>               | Y                                                             | Y   | M    | M       |      | Y                              | Y                                   | Y                | Y            |                          |                                | Y                                  |
|  <b>Exploremores™</b>               | Y                                                             | Y   | Y    | Y       |      | Y                              | Y                                   |                  | Y            |                          |                                | Y                                  |
|  <b>Lemonades®</b>                 | Y                                                             | Y   | M    | M       |      | Y                              | Y                                   |                  | Y            |                          | Y                              | Y                                  |
|  <b>Trefoils®</b>                  | Y                                                             | Y   | Y    | M       |      | Y                              |                                     | Y                | Y            |                          |                                | Y                                  |
|  <b>Thin Mints®</b>                | Y                                                             | Y   | M    | M       |      | Y                              | Y                                   | Y                | Y            |                          | Y                              | Y                                  |
|  <b>Peanut Butter<br/>Patties®</b> | Y                                                             | Y   | M    | Y       | M    | Y                              |                                     | Y                | Y            |                          | Y                              | Y                                  |
|  <b>Caramel<br/>deLites®</b>       | Y                                                             | Y   | Y    | M       |      | Y                              |                                     |                  | Y            |                          |                                | Y                                  |
|  <b>Peanut Butter<br/>Sandwich</b> | Y                                                             | Y   | Y    | Y       |      | Y                              |                                     | Y                | Y            |                          |                                | Y                                  |
|  <b>Caramel<br/>Chocolate Chip</b> |                                                               |     |      |         |      | Y                              |                                     | Y                | Y            | Y                        | Y                              | Y                                  |

For complete nutrition facts and ingredients, visit [girlscoutcookies.org](https://girlscoutcookies.org)  
or [www.abcbakers.com](https://www.abcbakers.com) for more information.

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