

# Daisies

## First Six

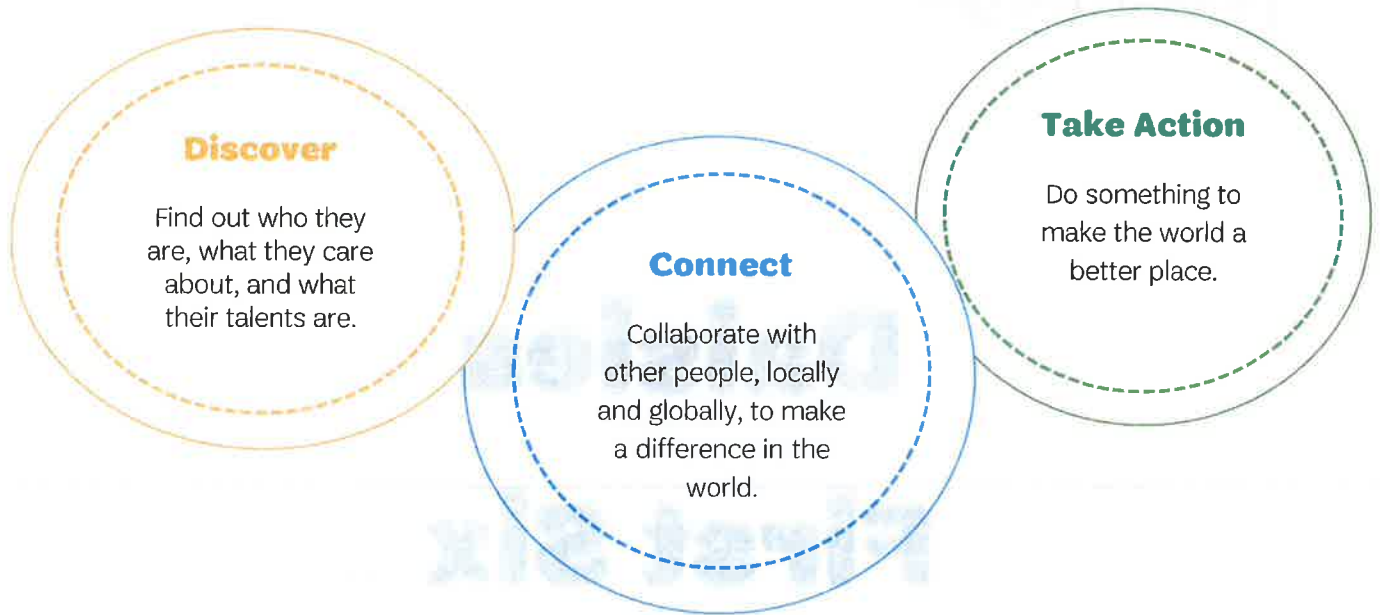
# Meetings

**Daisy**

**Grade K-1st**

When Juliette Gordon Low formed the first troop of 18 girls in Savannah, Georgia, in 1912, she wanted those girls to be leaders – in their own lives and in the world. Thanks to troop leaders like you, generations of girls have lived Low’s vision.

Through your efforts, girls will:



In this guide you will find:

#### Six Parts of a Troop Meeting

There are six main parts to a girl scout troop meeting. As a leader, you can follow this guide to make your troop meetings run smooth and help establish a routine for the girls to follow at their meetings.

#### Essentials for Troop Meetings

Listed on this page, you will find some

#### Meeting Plans

Use these meeting plans as suggestions for your first six troop meetings. You can adapt the plans to meet the needs and interests of the girls in your troop. The meetings have information on the following:

- Girl Scout Promise & Law
- Girl Scout History
- Selecting a Girl Scout Leadership Journey
- Daisy Investiture Ceremony
- Two meetings focusing on journeys

# 6

## Steps to a Great Girl Scout Troop Meeting

### 1 Arrival Activity

Plan activities for the girls as they arrive at the meeting so they have something to do until the meeting begins. It could be as simple as coloring pages. Other girls might jot down a journal entry, or just enjoy a little time to talk. (5 min.)

### 2 Opening

Each troop decides how to open their own meeting—most begin with the Girl Scout Promise and Law, and then add a simple flag ceremony, song, game, story or other activity designed by the girls.

(5-10 min.)

### 3 Troop Business

Taking attendance, collecting dues, giving announcements, or planning an upcoming event or trip are all things you might do during this step of the meeting. This is a great time for girls to lead, especially as they get older!

(10-15 min.)

### 4 Main Activity

Use the meeting plans in this guide to find activities that are designed for you to fit easily into this part of your meeting—this is when your girls will spend time earning Badges and Journeys!

(30-40 min.)

### 5 Snack /Clean Up

Girl Scouts should always leave a place cleaner than they found it!

(5-10 Min.)

### 6 Closing

Just like the opening, each troop can decide how to close with a song, game or story.

(5-10 min.)

# Essentials for Troop Meetings

<p><b>Girl Scout Promise &amp; Law</b></p>	<p>For every meeting, have a visual of the Girl Scout Promise and the Law in hand for the girls to see to recite the Promise &amp; Law. As time progresses, they will not have to use the visual to recite the Promise &amp; Law.</p>
<p><b>Kaper Chart</b></p>	<p>A “Kaper Chart” is a Girl Scout tradition for dividing up troop responsibilities. A “Kaper” is a job or chore that must be done. The chart indicates all the jobs available and who is responsible for each one. Using a Kaper Chart right from the start will help with long-term group behavior management of a troop.</p> <p>“Kaper” examples: Greeter, Attendance, Pledge, Promise, Law, Clean up, Snack, etc.</p>
<p><b>Girl Scout Sign</b></p>	<p>Girl Scouts make the Girl Scout sign when they say the Girl Scout promise. The three fingers represent the parts of the Promise.</p>
<p><b>Girl Scout Quiet Sign</b></p>	<p>Girl Scouts use the Quiet Sign when everyone is talking and it’s time to be quiet. Someone raises her right hand and stops talking. As others see her hand in the air, they raise their right hands and stop talking, too.</p>
<p><b>Friendship Circle</b></p>	<p>The friendship circle is the traditional way to close your troop meeting.</p> <p><u>How to make a Friendship Circle:</u> Have each girl stand and cross her right hand over her left, then hold the hand of each girl next to her. One person will start and squeeze the hand of the girl on her left. This goes around the whole circle until the last person’s hand has been squeezed and they make a wish.</p>

# 1<sup>st</sup> MEETING

## GOALS

- Introduction of everyone in the troop
- Create rules for Troop meetings
- Introduce the Kaper Chart
- Teach the Girl Scout sign, Promise & Law, and Girl Scout quiet sign

## SUPPLIES

- |                 |                              |
|-----------------|------------------------------|
| Notecards       | Paper/Poster                 |
| Yarn            | Visual of GS Promise and Law |
| Coloring Sheets | Markers                      |
| Pencils         | Kaper Chart                  |
| Snacks          |                              |

### 1. Arrival Activity

- Greet each girl as they arrive, show them where to place their personal belongings, where the bathroom is, and where to sit.
- If nametags are premade, give each girl a nametag as they come in. If nametags are being made as they arrive, show each girl where to begin decorating her nametag. (Nametags can be made as easy as possible by using notecards/paper and yarn).

### 2. Opening Activity

- Introduce yourself and other leaders to the girls.
- Play the "Name Game"  
The girls sit in a circle and each girl says their name + "likes" and a food that starts with the first letter of their name. Ex: Christy likes Chicken, Taylor likes Tator Tots. Each girl will repeat the answers of everyone that came before them.

### 3. Troop Business

- Have the girls help to create their rules for their troop meetings. They will feel more accountable for following their own rules. Write the rules on a piece of paper or poster and post them at every meeting.
- Introduce the troop's "Kaper Chart", explain what the chart is and what the girls will need to do for each job.

### 4. Main Activity

- Teach the girls the Girl Scout Sign, the Girl Scout Promise and Law, and the Girl Scout Quiet sign. (After the first meeting, you will recite the Girl Scout Promise and Law as the opening activity).
- Have a coloring sheet with the Girl Scout Promise and Law printed on it for the girls to take home and practice.

### 5. Snack

- Bring a snack that celebrates the girls' first troop meeting.  
\* TIP: Have a parent sign up to bring snacks at your next meeting or make a yearly snack schedule for them to sign up for future dates.

### 6. Closing

- Have the girls clean up everything they used during the meeting. Let them know that "a Girl Scout always leaves a place cleaner than they found it!"
- End the meeting with a Friendship Circle.

## 2<sup>ND</sup> MEETING

### GOALS

- Earn the Promise Center
- Introduction of what is an Investiture Ceremony
- Create the Girl Scout Law bracelet

### SUPPLIES

- |                             |                     |
|-----------------------------|---------------------|
| Beads                       | Troop Meeting Rules |
| Elastic                     | GS Promise & Law    |
| Kaper Chart                 | Crayons             |
| Pipe Cleaners               |                     |
| Daisy Flower Coloring Sheet |                     |

### 1. Arrival Activity

- Print the Daisy Petals coloring sheet on the next page. Have crayons available for each girl to the color each of the petals.

### 2. Opening Activity

- Stand in a Daisy Circle and recite the Pledge of Allegiance, Girl Scout Promise and Law. Have each Girl Scout say the Girl Scout Promise on their own and talk about what the Promise means to them. Now, you can award each Girl Scout the Promise center. (Page 8- Daisy Girl's Guide).
- Play "All my Girl Scouts"  
Have the girls get into a circle and give them each something to put on the floor to mark their spot (ex: painters tape). One person stands in the middle and says "All my Girl Scouts who" and adds something about themselves. For example: All my Girl Scouts who...likes to paint, likes to eat pizza, or has on a skirt, etc. If you relate to the thing the person says, you run and find a new spot in the circle to stand on.

### 3. Troop Business

- Use your Kaper Chart to assign a "Kaper" to each girl.
- Recite the rules that the girls created in their first meeting.
- Have a discussion about the Investiture ceremony. Tell the girls that the investiture ceremony will welcome new members -girls and adults-into the Girl Scout family for the first time. Girls receive their Girl Scout; Girl Scout Brownie or Girl Scout Daisy pin at this time.

### 4. Main Activity

- Create Girl Scout Law Bracelets:  
Making this bracelet will serve as an introduction to the Girl Scout Law! Give each girl enough beads in the each of the colors. Use elastic lacing, pipe cleaners or string to place the beads on.  
*"I will do my best to be honest and fair (light blue), friendly and helpful (yellow), considerate and caring (spring green), courageous and strong (red), and responsible for what I say and do (orange), and to respect myself and others (purple), respect authority (magenta), use resources wisely (green), make the world a better place, and be a sister to every Girl Scout. (violet)."*  
As the girls string each bead on, ask them to give you examples demonstrating that part of the law.

**5. Snack**

Bring a snack that is representative of the Girl Scout Law bracelet.

\* TIP: Have a parent sign up to bring snacks at your next meeting or make a yearly snack schedule for them to sign up for future dates.

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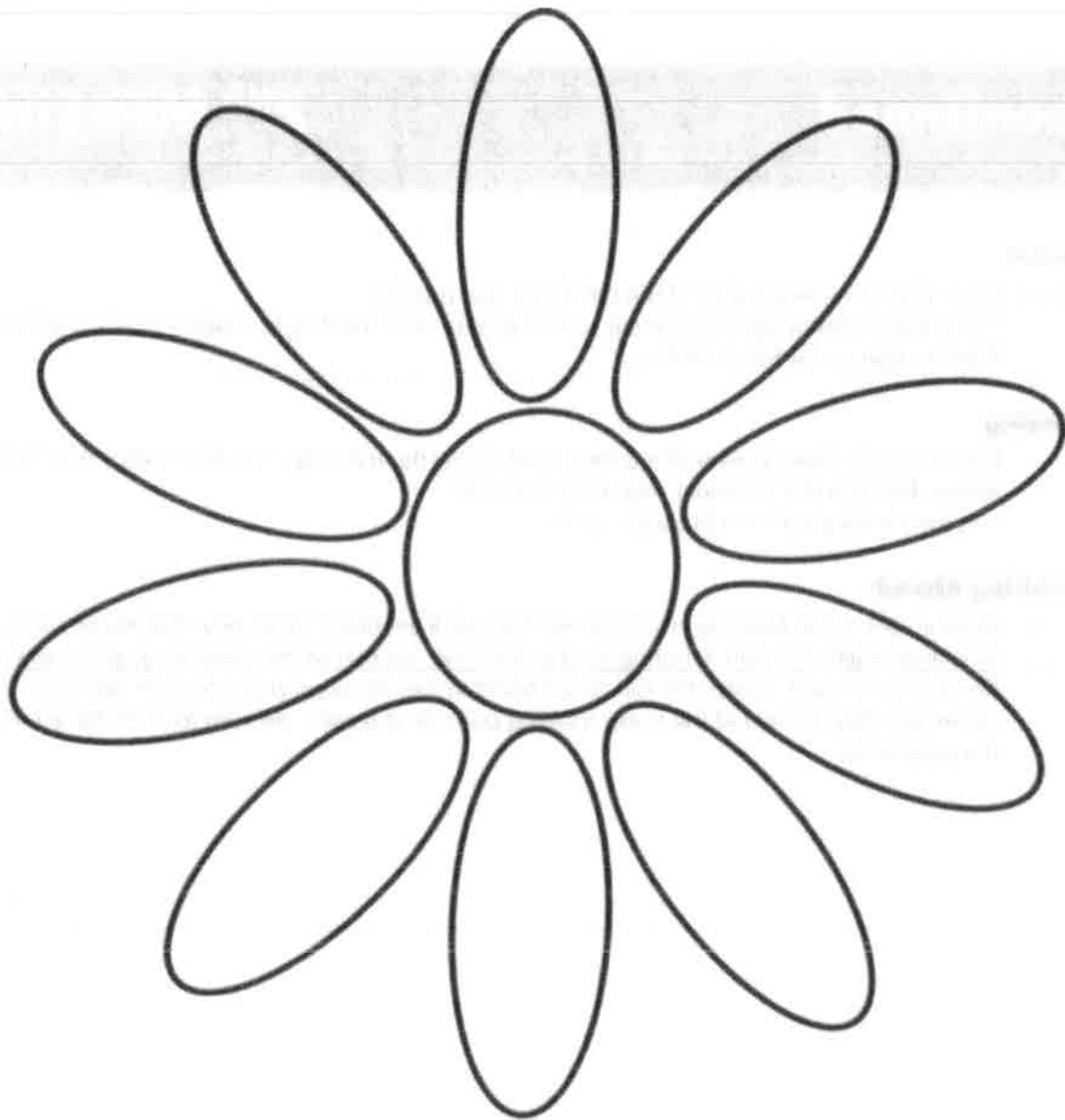
**6. Closing**

- o Have the girls clean up everything they used during the meeting. Let them know that “a Girl Scout always leaves a place cleaner than they found it!”
- o End the meeting with a Friendship Circle.

**Looking Ahead:**

- o At your next Troop Meeting, the troop will have an Investiture ceremony. The Investiture Ceremony is to welcome girls into Girl Scouting for the first time. As part of this ceremony, girls make the Girl Scout Promise and receive the Girl Scout Membership Pin appropriate to their age level. This ceremony may be held at the troop meeting place or at a park. Be sure to invite family and friends to the ceremony.

DAISY PETALS



# DAISY PETALS

\_\_\_ Promise Center - Daisy Blue

- |   |  |
|---|--|
| ___ 1. Lt. Blue - Honest and Fair               | ___ 6. Purple - Respect Myself & Others          |
| ___ 2. Yellow - Friendly and Helpful            | ___ 7. Magenta - Respect Authority               |
| ___ 3. Lt. Green - Considerate & Caring         | ___ 8. Green - Use Resources Wisely              |
| ___ 4. Red - Courageous & Strong                | ___ 9. Rose - Make the World a Better Place      |
| ___ 5. Orange - Responsible for What I Say & do | ___ 10. Violet - Be a Sister to Every Girl Scout |



# 3<sup>rd</sup> MEETING

## GOALS

- Complete the Investiture ceremony

## SUPPLIES

Bean Bags	Containers
GS Journey Flier	Crayons
Snacks	

### 1. Arrival Activity

- Greet each girl as they arrive. Assign the “Greeter” kaper to the first girl that arrives and have her to tell everyone what the arrival activity is.
- Bean Bag Toss  
Set up boxes, bins, or containers you have for girls to toss bean bags into. Have each girl stand beside a chair or behind a “line” and toss. Each girl gets three tries before she passes the beanbags to the next girl.

### 2. Opening Activity

- Stand in a Daisy Circle and recite the Pledge of Allegiance, Girl Scout Promise and Law.

### 3. Troop Business

- Use your Kaper Chart to assign the rest of the kapers to each girl.
- Ask the girls what is one thing they remember about the Girl Scout law. Share with them that throughout their time as Girl Scouts, they will be able to make their Girl Scout Daisy flower grow by earning petals. They can earn 10 petals, one for each Flower Friend. (Girls’ Guide: For the girls to earn each petal, you will read each story from the Girls Guide and activity for each girl to be awarded her flower petal).

### 4. Main Activity

- Investiture Ceremony: The Investiture Ceremony is to welcome girls into Girl Scouting for the first time. As part of this ceremony, girls make the Girl Scout Promise and receive the Girl Scout Membership Pin appropriate to their age level. A script for the ceremony is provided on the next page.

### 5. Snack/Clean Up

- Have a snack that ties into the Investiture ceremony. For example, you can make/ buy cookies that are in the shape of the Daisy Flower petals or have a celebration cake.

### 6. Closing

- End the meeting by doing the friendship squeeze and/ or singing a song.

# Girl Scout Daisy Investiture Ceremony

## PARTICIPANTS

- Troop Leader
- Assistant Troop Leader
- Girls

## SUPPLIES

Girl Scout Daisy Pins (one for each girl)

**Leader:** Where are the girls who want to be Girl Scout Daisies?

**Girls:** Here we are! (Girl Scout Daisies walk in holding hands and take their places.)

**Leader:** Girl Scout Daisies are the youngest members of Girl Scouts of the USA. They were named for the founder of Girl Scouting, Juliette Gordon Low. Juliette was born on Halloween, October 31, 1860 in Savannah, Georgia. Her uncle gave her the nickname Daisy when she was a baby. He looked at her one day and said, "I bet she is going to be a Daisy!"

**Girls:** (drop hands and make the Girl Scout sign and say the promise with their leaders).

**Leader:** Now we will sing a special Daisy song.

**Girls:** Sing DAISIES (to the tune of the ABC Song) or choose another one the girls enjoy. Girls sit down after the song is finished.)

**Leader:** Now you will become Girl Scout Daisies! (The assistant leader leads the girls one by one to the leader who will pin the girls.)

**Asst. Leader:** This is           (state girl scout's name)          . She is a new Girl Scout Daisy.

**Leader:** Welcome to Girl Scouts, here is your Girl Scout Daisy pin.

**Asst. Leader:** It is tradition in Girl Scouting that girls are invested with the pin upside down. It is to be turned upright by the first person which they do a "good deed" for. (Girls join hands in a circle as they are pinned.) The ceremony ends with another song or with the leader saying:

**Leader:** We have our pins; we've sung our song  
And we'll be friends this whole yearlong.  
As Girl Scout Daisies, we will grow  
Now from our circle we will go.

# 4<sup>th</sup> MEETING

## GOALS

- Select a Girl Scout Leadership Journey
- Learn/ Celebrate Juliette Gordon Low's birthday

## SUPPLIES

- |              |                      |
|--------------|----------------------|
| Paper        | Crayons              |
| Candles      | Juliette Low's Paper |
| Bag Puppet   |                      |
| Tissue Paper |                      |
| Snacks       |                      |

### 1. Arrival Activity

- Have each girl make a birthday card to celebrate Juliette Gordon Low's birthday or have a picture of Juliette sitting on the table for them to color.

### 2. Opening Activity

- Recite the Pledge of Allegiance, Girl Scout Promise and Law.

### 3. Troop Business

- Assign Kapers & give announcements.
- Select a Girl Scout Leadership Journey:
- Give each girl a flyer (provided on the next page) & review the three options.
- Remember, the "3 Cheers for Animals" will be the journey that is available in the Volunteer Toolkit. If you want to follow along with the toolkit, just discuss what the journey is and a Take Action project.

### 4. Main Activity

- Juliette Gordon Low Paper Bag Puppet:  
Using a paper bag, girls can color and cut out the puppet. Let the girls get creative by attaching googly eyes, yarn hair, felt mouths, etc.
- Tissue Paper Daisies  
Make a bouquet of tissue paper daisies using white and yellow paper. Stack 3 white and 1 yellow piece of tissue paper. Trim the ends more deeply before you open up the flower so that the petals separate better. Trim the top of the yellow center if desired.

### 5. Snack

- Have a snack that celebrates the founder, Juliette Gordon Low.

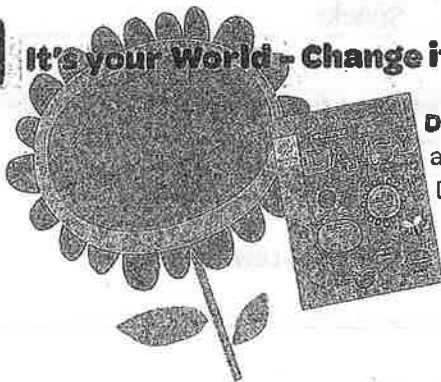
### 6. Closing

- End the meeting by doing the friendship squeeze and/ or singing a song.

# DEAR DAISY,

What journey will you take? Read more below and make your choice.

## #1 It's your World - Change it!



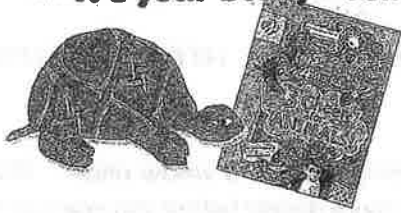
**DAISY FLOWER GARDEN.** Meet 10 new friends and take a cool journey through the Girl Scout Daisy garden. You even get to plant your very own seed!

## #2 It's your Planet - Love it!



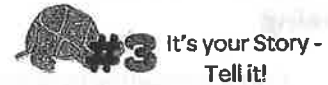
**BETWEEN EARTH AND SKY.** Join your friends and take an exciting road trip across the country in a special flower-powered car!

## #3 It's your Story - Tell it!



**5 FLOWERS, 4 STORIES, 3 CHEERS FOR ANIMALS:** Love animals? Take this journey! Here you'll learn fun ways to care for all the animals you love.

Circle your Daisy journey below:



# LEARN MORE ABOUT THE JOURNEYS



**It's your World - Change it**  
Book: Daisy Flower Garden  
Theme: Taking Action

In this journey for kindergarteners and first-graders, a favorite pastime—gardening—meets the Girl Scout Law. The result is a storybook world of flowers and little girls who, together, do great things. Girl Scout Daisies will especially enjoy meeting the colorful, global characters who teach them to live the Girl Scout Law. The adult "how-to" guide offers Garden Story Time tips, key ideas for garden projects, and all the Girl Scout history and traditions needed for an adventure starring Amazing Daisy, a new flower friend for Girl Scout Daisies.



**It's your Planet - Love it**  
Journey Book: Between Earth and Sky  
Theme: Environment

Girl Scout Daisies join their flower friends for a cross-country road trip in their special flower-powered car! As they travel the country living the values of the Girl Scout Law, the flowers explore the natural world around them, learning what's local and why that's important. Along the way, the flower friends (and the girls!) sample the sights, and the wisdom of women working to protect Planet Earth. Daisies earn their Blue Bucket, Firefly, and Clover (uses resources wisely!) awards as they experience what's great about their own region and learn to use their own special skills to help people and Planet Earth



**It's your Story - Tell it**  
Journey Book: 5 Flowers, 4 Stories, 3 Cheers for Animals!  
Theme: Storytelling

Girl Scout Daisies will enjoy a fictional story about the flower friends. They learn just how much they can care for animals and for themselves—and just how confident that makes them feel. *5 Flowers, 4 Stories, 3 Cheers for Animals!* This Journey will also introduce Daisies to the stories of the flower friends: Daisy, Sunny, Tula, Gloria, Gerri, Rosie, Vi, Clover, Mari, Lupe and Zinni. Each flower friend corresponds to a value in the Girl Scout Law.



Troop Meetings five and six correspond with the  
Journey Book: 5 Flowers, 4 Stories, 3 Cheers for  
Animals!

# 5<sup>th</sup> MEETING

## GOALS

- Start journey- Introduction
- Start a Team Animal Mural

## SUPPLIES

- |              |         |
|--------------|---------|
| Paper        | Crayons |
| Team Packets | Markers |

- **Arrival Activity**

- Coloring or drawing their favorite animal

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- **Opening Activity**

- Recite the Pledge of Allegiance, Girl Scout Promise and Law, Girl Scout roll call

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- **Troop Business**

- Assign Kaper duties & give announcements

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- **Main Activity**

- Get girls to turn to pages 6-7 in their journey book and have them see how many animals they can find.
  - Have each girl introduce herself and name one thing she likes about animals. Start them off with an example like: My name is Sara. I like that my dog loves fetching a ball.
  - Tell them about the Journey. – That they will learn to care for animals and themselves. Then they get creative – through murals, dance, crafts – and, at the end of the day, they will share their story of caring for animals with the other Girl Scouts.
  - Tell them about the Journey awards.
    - The Birdbath Award shows you can care for animals and yourself.
    - The Red Robin Award shows you can use your knowledge and creativity to teach others how to care for animals.
    - The Tula Award shows that you have gained courage and confidence in teaching others about animal care.
- Team Animal Murals –pass out team packets
  - Explain to girls: a mural is a big picture that tells a story. Usually a mural is so big, it covers a whole wall! Our murals will tell the story of all the animals we meet on this Journey.
  - Have the girls work individually, or as a group, to place the animal pictures and create a habitat for each on their mural.
  - As the girls place the animals on their mural, an adult will share the animal facts included on each animal's Fact Sheet provided. \*Get parents to handle this.
  - Show how each animal is from the same country as one of our Flower friends (listed on the Animal Fact Sheet)
  - Remind the girls to include on their murals the things that help each animal survive: food, clothing, shelter, a water source, etc. Discuss how caring for animals is similar to caring for yourself
- Read the story on pages 5-13 to the girls

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- **Snack:** Have an animal themed snack. Such as animal crackers, gold fish, animal fruit snacks

- **Closing:** End the meeting with the Friendship circle.

# 6<sup>th</sup> MEETING

## GOALS

- Identify ways to care for animals and yourself
- Create all about me nest

## SUPPLIES

Paper	Crayons
Brown Paper Bags	Markers

### 1. Arrival Activity

- Coloring or drawing their favorite activity to do with an animal.
- 

### 2. Opening Activity

- Recite the Pledge of Allegiance, Girl Scout Promise and Law, Girl Scout roll call
- 

### 3. Troop Business

- Assign Kaper duties & give announcements
- 

### 4. Main Activity

#### Animals Need Care, and So Do You (Team Charts / markers)

- Discuss how animals and people help care for each other:
  - People like veterinarians take care of animals when they are sick or injured. They help them feel better. There are also service animals that help people who need extra help. The guide dogs help make life easier for blind people. So, animals and people help and care for each other!
  - Explain to the girls: Taking care of animals can certainly be fun, but only if we know how to keep ourselves safe. You might say: "Animals are not people, so they can't talk to us about their needs. Instead, they might bite or scratch as a way to tell us they are not happy or are scared. When caring for animals, knowing how to be safe around them is very important."
- Have each team create their "Animals Safe and Sound" chart
  - Have each team discuss how Daisies can keep safe around animals and have an adult write the ideas on the chart under "Daisies"
  - Next, have each team discuss how people can care for animals and write the ideas under "Animals".
- Have the girls complete the activity pages 1-3.

#### All About Me Nests

- Have each girl draw a picture that shows how she takes care of herself
  - While the girls are drawing, pass out the bags. Have the adults write each girl's name on the bottom of her bag. Have adults help the girls scrunch her bag into a nest shape, by rolling down the top of the bag.
  - Let the girls go outside to get twigs and leaves to decorate their nests as they like.
  - Have the girls share their drawings, then place them into their All About Me nests.
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## 5. Snack

- o Have an animal themed snack. Such as animal crackers, gold fish, animal fruit snacks.

## 6. Closing

- End the meeting with the Friendship circle.