



Brownies

First Six

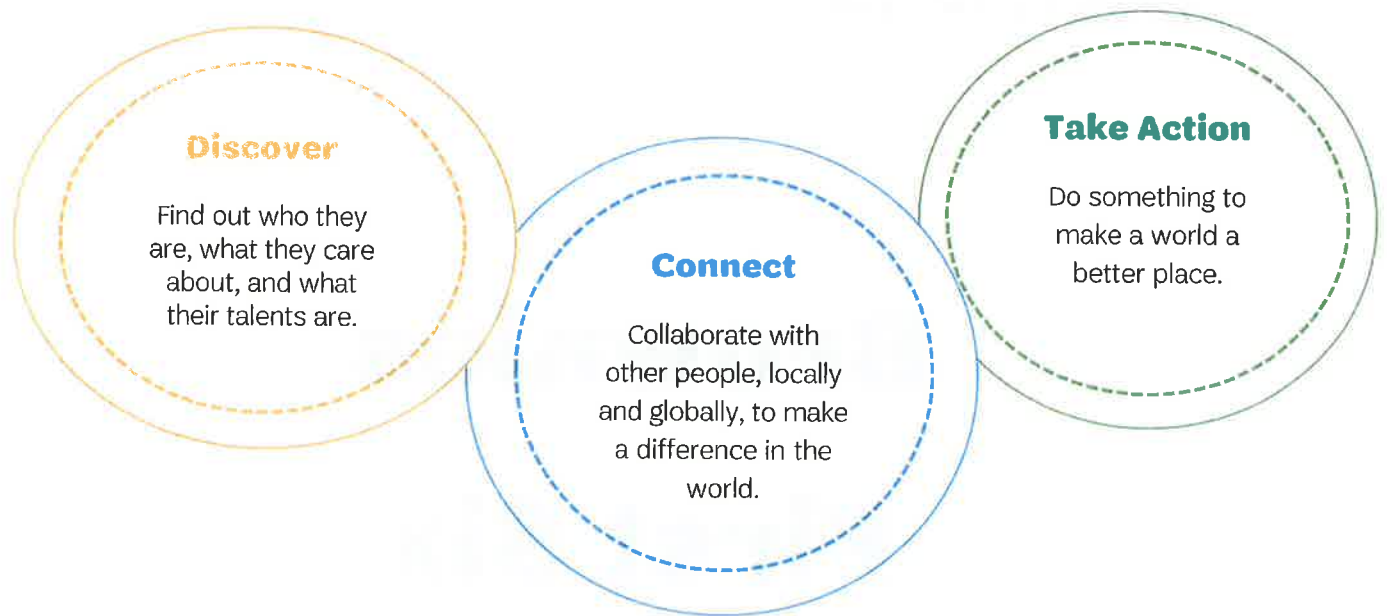
Meetings

Brownie

Grade 2nd-3rd

When Juliette Gordon Low formed the first troop of 18 girls in Savannah, Georgia, in 1912, she wanted those girls to be leaders – in their own lives and in the world. Thanks to troop leaders like you, generations of girls have lived Low’s vision.

Through your efforts, girls will:



In this guide you will find:

- **Six Parts of a Troop Meeting**
There are six main parts to a girl scout troop meeting. As a leader, you can follow this guide to make your troop meetings run smooth and help establish a routine for the girls to follow at their meetings.
- **Meeting Plans**
Use these meeting plans as suggestions for your first six troop meetings. You can adapt the plans to meet the needs and interests of the girls in your troop. The meetings have information that on the following:
 - Girl Scout Promise & Law
 - Girl Scout History
 - Selecting a Girl Scout Leadership Journey
 - Brownie Investiture Ceremony
 - Two journey filled meeting

6

Steps to a Great Girl Scout Troop Meeting

1 Arrival Activity

Plan activities for girls as they arrive at the meeting so they have something to do until the meeting begins. It could be as simple as coloring pages. Other girls might jot down a journal entry, or just enjoy a little time to talk.

(5 min.)

2 Opening

Each troop decides how to open their own meeting-most begin with the Girl Scout Promise and Law, and then add a simple flag ceremony, song, game, story or other activity designed by the girls.

(5-10 min.)

3 Troop Business

Taking attendance, collecting dues, giving announcements, or planning an upcoming event or trip are all things you might do during this step of the meeting. This is a great time for girls to lead, especially as they get older!

(10-15 min.)

4 Main Activity

Use the meeting plans in this guide to find activities that are designed for you to fit easily into this part of your meeting-this is when your girls will spend time earning Badges and Journeys!

(30-40 min.)

5 Snack /Clean Up

Girl Scouts should always leave a place cleaner than they found it!

(5-10 Min.)

6 Closing

Just like the opening, each troop can decide how to close with a song, game or story.

(5-10 min.)

Essentials for Troop Meetings

<p>Girl Scout Promise & Law</p>	<p>For every meeting, have the Girl Scout Promise and the Law in hand for the girls to use. Also, direct the girls to use their Girl Guides to see the Promise and Law at home.</p>
<p>Kaper Chart</p>	<p>A “kaper chart” is a Girl Scout tradition for dividing up troop responsibilities. A kaper is a job or chore that must be done. The chart indicates all the jobs available and who is responsible for each one. Using a kaper system right from the start will help with the long-term group behavior management of a troop.</p> <p>Kaper Examples: Greeter, Attendance, Pledge, Promise, Law, Clean up, Snack</p>
<p>Girl Scout Sign</p>	<p>Girl Scouts make the Girl Scout sign when they say the Girl Scout promise. The three fingers represent the parts of the Promise.</p>
<p>Girl Scout Quiet Sign</p>	<p>Girl Scouts use the Quiet Sign when everyone is talking and its time to be quiet. Someone raises her right hand and stops talking. As others see her hand in the air, they raise their right hands and stop talking, too.</p>
<p>Friendship Circle</p>	<p>The friendship circle is a way that you can close your troop meeting. With big gatherings of troops, girls can end their troop meetings with closing with a friendship circle.</p> <p>Have each girl stand and cross her right hand over her left, then hold the hand of each girl next to her. One person will start and squeeze the hand of the girl on her left. This goes around the whole circle until the last person’s hand has been squeezed and they make a wish.</p>

1st MEETING

GOALS

- Introduction of everyone in the troop
- Create rules for Troop meetings
- Introduce the Kaper Chart
- Teach the Girl Scout sign, Promise & Law, and Girl Scout quiet sign

SUPPLIES

- | | |
|-----------------|------------------------------|
| Notecards | Paper/Poster |
| Yarn | Visual of GS Promise and Law |
| Coloring Sheets | Markers |
| Pencils | Kaper Chart |
| Snacks | |

1. Arrival Activity

- Greet each girl as they arrive, show them where to place their personal belongings, where the bathroom is, and where to sit.
- If nametags are premade, give each girl a nametag as they come in. If nametags are being made as they arrive, show each girl where to begin decorating her nametag. (Nametags can be made as easy as possible by using notecards/paper and yarn).

2. Opening Activity

- Introduce yourself and other leaders to the girls.
- Play the "Name Game"
The girls sit in a circle and each girl says their name + "likes" and a food that starts with the first letter of their name. Ex: Christy likes Chicken, Taylor likes Tator Tots. Each girl will repeat the answers of everyone that came before them.

3. Troop Business

- Have the girls help to create their rules for their troop meetings. They will feel more accountable for following their own rules. Write the rules on a piece of paper or poster and post them at every meeting.
- Introduce the troop's "Kaper Chart", explain what the chart is and what the girls will need to do for each job.

4. Main Activity

- Teach the girls the Girl Scout Sign, the Girl Scout Promise and Law, and the Girl Scout Quiet sign. (After the first meeting, you will recite the Girl Scout Promise and Law as the opening activity).
- Have a coloring sheet with the Girl Scout Promise and Law printed on it for the girls to take home and practice.

5. Snack

- Bring a snack that celebrates the girls' first troop meeting.
* TIP: Have a parent sign up to bring snacks at your next meeting or make a yearly snack schedule for them to sign up for future dates.

6. Closing

- Have the girls clean up everything they used during the meeting. Let them know that "a Girl Scout always leaves a place cleaner than they found it!"
- End the meeting with a Friendship Circle.

2ND MEETING

GOALS

- Earn the Promise Center
- Introduction of what is an Investiture Ceremony
- Create the Girl Scout Law bracelet

SUPPLIES

- | | |
|-------------|---------------------|
| Beads | GS Promise & Law |
| Elastic | Coloring Sheet |
| Crayons | Pipe Cleaners |
| Kaper Chart | Troop Meeting Rules |

1. Arrival Activity

- Have a coloring sheet for the girls to color as they come in.

2. Opening Activity

- Stand in a Brownie ring and recite the Pledge of Allegiance, Girl Scout Promise and Law. Have each Girl Scout say the Girl Scout Promise on their own and talk about what the Promise means to them. Now, you can award each Girl Scout the Promise center.
- Play "All my Girl Scouts"
Have the girls get into a circle and give them each something to put on the floor to mark their spot (ex: painters tape). One person stands in the middle and says "All my Girl Scouts who" and adds something about themselves. For example: All my Girl Scouts who...likes to paint, likes to eat pizza, or has on a skirt, etc. If you relate to the thing the person says, you run and find a new spot in the circle to stand on.

3. Troop Business

- Use your Kaper Chart to assign a "Kaper" to each girl.
- Recite the rules that the girls created in their first meeting.
- Have a discussion about the Investiture ceremony. Tell the girls that the investiture ceremony will welcome new members -girls and adults-into the Girl Scout family for the first time. Girls receive their Girl Scout; Girl Scout Brownie or Girl Scout Daisy pin at this time.

4. Main Activity

- Create Girl Scout Law Bracelets:
Making this bracelet will serve as an introduction to the Girl Scout Law! Give each girl enough beads in the each of the colors. Use elastic lacing, pipe cleaners or string to place the beads on.
"I will do my best to be honest and fair (light blue), friendly and helpful (yellow), considerate and caring (spring green), courageous and strong (red), and responsible for what I say and do (orange), and to respect myself and others (purple), respect authority (magenta), use resources wisely (green), make the world a better place, and be a sister to every Girl Scout. (violet)."
As the girls string each bead on, ask them to give you examples demonstrating that part of the law.

5. Snack

Bring a snack that is representative of the Girl Scout Law bracelet.

* TIP: Have a parent sign up to bring snacks at your next meeting or make a yearly snack schedule for them to sign up for future dates.

6. Closing

- o Have the girls clean up everything they used during the meeting. Let them know that “a Girl Scout always leaves a place cleaner than they found it!”
- o End the meeting with a Friendship Circle.

Looking Ahead:

- o At your next Troop Meeting, the troop will have an Investiture ceremony. The Investiture Ceremony is to welcome girls into Girl Scouting for the first time. As part of this ceremony, girls make the Girl Scout Promise and receive the Girl Scout Membership Pin appropriate to their age level. This ceremony may be held at the troop meeting place or at a park. Be sure to invite family and friends to the ceremony.

3rd MEETING

GOALS

- Complete the Investiture ceremony

SUPPLIES

Bean Bags	Containers
GS Journey Flier	Crayons
Snacks	

1. Arrival Activity

- Greet each girl as they arrive. Assign the “Greeter” kaper to the first girl that arrives and have her to tell everyone what the arrival activity is.
- Bean Bag Toss
Set up boxes, bins, or containers you have for girls to toss bean bags into. Have each girl stand beside a chair or behind a “line” and toss. Each girl gets three tries before she passes the beanbags to the next girl.

2. Opening Activity

- Stand in a Brownie Ring and recite the Pledge of Allegiance, Girl Scout Promise and Law.

3. Troop Business

- Use your Kaper Chart to assign the rest of the kapers to each girl.
- Ask the girls what is one thing they remember about the Girl Scout law. Share with them that throughout their time as Girl Scouts, they will be able to demonstrate the law through their actions as they continue through their Girl Scout year.

4. Main Activity

- Investiture Ceremony: The Investiture Ceremony is to welcome girls into Girl Scouting for the first time. As part of this ceremony, girls make the Girl Scout Promise and receive the Girl Scout Membership Pin appropriate to their age level. A script for the ceremony is provided on the next page.

5. Snack/Clean Up

- Have a snack that ties into the Investiture ceremony. For example, you can make cookies or have a celebration cake.

6. Closing

- End the meeting by doing the friendship squeeze and/ or singing a song.

Girl Scout Brownie Investiture Ceremony

Participants

- Troop Leaders
- Girls

Supplies

Girl Scout Brownie Pins (one for each girl)

Leader: “Who are here to become Girl Scout Brownies?”

Girls: “We are”. (Girl Scout Brownies walk in holding hands and take their places.)

Leader: (States the name of the first girl) “_____, why do you want to be a Girl Scout Brownie?”

Girl: She answers with her reason why.

Leader: “(Girl Scout’s name), will you please say the Girl Scout Promise”. Have her repeat the Girl Scout Promise after you.

Leader: Twist and turn the Girl Scout saying, “Twist me, turn me, and show me the elf, looked in the pond and saw (Girl replies “myself).”

Leader: Place the Girl Scout Brownie Pin on the girl’s left side, upside down, give the Girl Scout handshake and sign, and welcome her to Girl Scouts. (The pin may be turned right side up when (the Girl Scout) has done a good deed. A good deed can be doing something that she has not been asked to do. (The Girl Scout) now stands with you. Explain this to the girls at the end of the ceremony.

At this time, the leader can tell the parents some of the things the girls would like to do this year and how you the troop can use their help to achieve these goals.

4th MEETING

GOALS

- Select a Girl Scout Leadership Journey
- Learn/ Celebrate Juliette Gordon Low's birthday

SUPPLIES

- | | |
|---------------------------------|--------------|
| Paper | Crayons |
| Candles | Tissue Paper |
| Juliette Low's Paper Bag Puppet | |
| Snacks | |

1. Arrival Activity

- Have each girl make a birthday card to celebrate Juliette Gordon Low's birthday or have a picture of Juliette sitting on the table for them to color.

2. Opening Activity

- Recite the Pledge of Allegiance, Girl Scout Promise and Law.

3. Troop Business

- Assign Kapers & give announcements.
- Select a Girl Scout Leadership Journey:
 - Give each girl a flyer (provided on the next page) & review the three options.
 - Remember, "A World of Girls" will be the journey that is available in the Volunteer Toolkit. If you want to follow along with the toolkit, just discuss what the journey is and a Take Action project.

4. Main Activity

- Juliette Gordon Low Paper Bag Puppet:
 - Using a paper bag, girls can color and cut out the puppet. Let the girls get creative by attaching googly eyes, yarn hair, felt mouths, etc.
- Tissue Paper Daisies
 - Make a bouquet of tissue paper daisies using white and yellow paper. Stack 3 white and 1 yellow piece of tissue paper. Trim the ends more deeply before you open up the flower so that the petals separate better. Trim the top of the yellow center if desired.

5. Snack

- Have a snack that celebrates the founder, Juliette Gordon Low. Make a cookie in the shape of Juliette Low for the girls to eat, decorate cupcakes, or have a donut birthday party to celebrate.

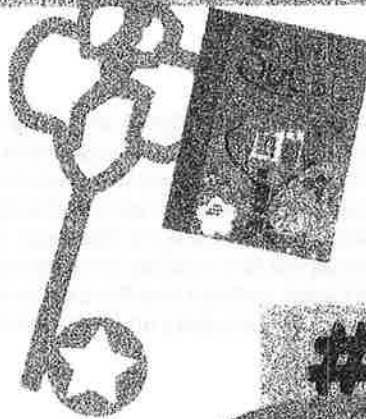
6. Closing

- End the meeting by doing the friendship squeeze and/ or singing a song.

DEAR BROWNIE,

What journey will you take? Read more below and make your choice

#1 It's your World - Change it!



BROWNIE QUEST. Get going on a new and colorful trail with three new friends. You'll even meet a bright and shiny elf as you earn your keys & make your way through Brownie Quest

#2 It's your Planet - Love it!



WOW! WONDERS OF WATER. In this journey you'll ride waves, create rainbows and find out some really amazing things about water!

#3 It's your Story - Tell it!

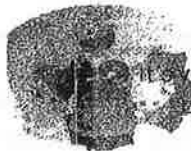


A WORLD OF GIRLS. Stories are fun and everyone has one. Join Brownie Elf as you hear about stories that have changed the world. You'll even get to start writing your own story!

Circle your Brownie journey below:



It's your World -
Change it!



It's your Planet -
Love it!



It's your Story -
Tell it!

LEARN MORE ABOUT THE JOURNEYS



It's your World - Change it

Book: Brownie Quest

Theme: Taking Action

What are the most important keys for a Girl Scout to own? This quest, which has second- and third-graders traveling along two colorful trails—one they can enjoy on their own and one they explore with their Girl Scout group—answers that question in a very special way. Along the Quest, Girl Scout Brownies will meet three new friends and a bright and shining elf—in a brand-new Brownie story meant to inspire their own Take Action Projects. The accompanying adult guide offers all the tips needed to create and maintain a sense of fun and mystery along the entire Quest. Instructions for a Brownie Brainstorm, Brownie Team Trade, and other activities ensure a quality and fun time for the girls.



It's your Planet - Love it

Journey Book: Wonders of Water

Theme: Environment

The Brownie friends and Brownie ELF enjoy some wonder-filled adventures as they invite the real-life Brownies to explore the Wonders of Water. As they dive in, Brownies realize they can create another big WOW and try out new Ways of Working as a team. Girls will enjoy making their own rainbows as they explore the precious resource of water. Brownies pledge to LOVE water by protecting it. They'll share what they have learned and how they can inspire even more people to protect earth's water. Along the way, Brownies experience what it is like to live in places where there is not enough water. They come to understand why the right to clean water is so important to everyone on Earth.



It's your Story - Tell it

Journey Book: A World of Girls

Theme: Storytelling

Stories are all around us – in movies, in books, in television shows, advertisements, on the news and even on cereal boxes. Stories inspire. Stories motivate. Stories spark imagination and help girls learn about themselves and the world. *A World of Girls* helps engage Brownies in this wider world of stories in a way that gets them looking for clues to help make the world a better place. With some help from Brownie Elf along the way, girls see how they can create positive change in the world—change that affects girls



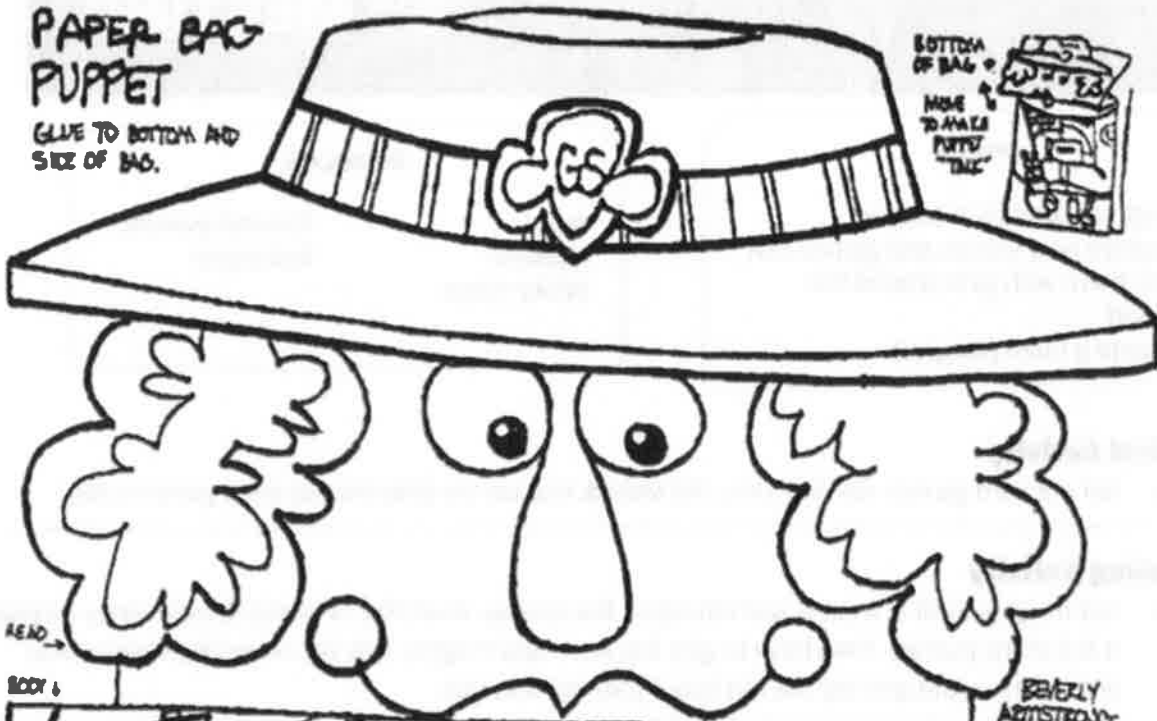
Troop Meetings five and six correspond with the Journey Book: 5 Flowers, 4 Stories, 3 Cheers for Animals!

PAPER BAG PUPPET

GLUE TO BOTTOM AND
SIDE OF BAG.

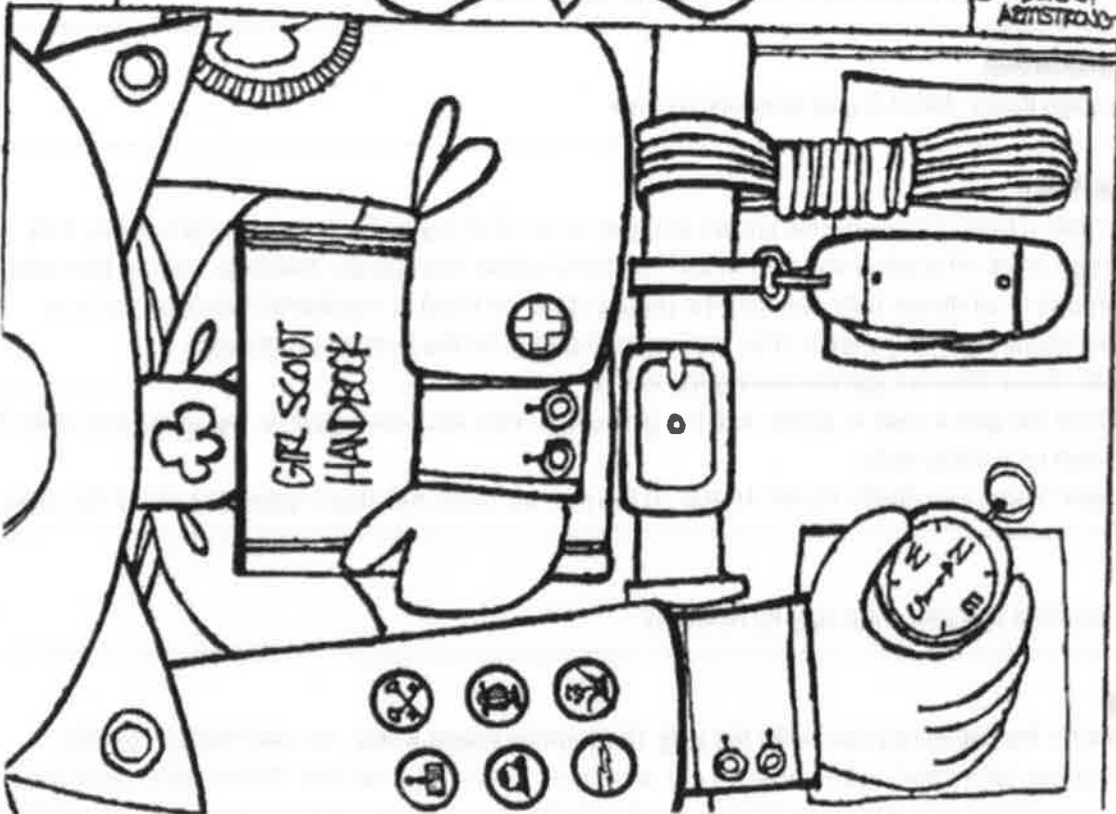
BOTTOM
OF BAG

NAME
TO MAKE
PUPPET
TALK



HEAD

BEVERLY
ARMSTRONG



BODY

5th MEETING

GOALS

- Begin adventure in Journey
- Explore how stories and games can link them with girls around the world
- Create a team passport

SUPPLIES

- | | |
|--------------|-----------------|
| Paper | Colored pencils |
| Markers | Roll paper |
| Sticky notes | |

1. Arrival Activity

- Set out card games- Go Fish, Uno, Old Maid & War Let the girls choose what game to play

2. Opening Activity

- Get the girls to sit in a circle and introduce the journey. Read the “A World of Girls” story on pages 4 & 5 of the journey. Then have to girls link arms and imagine that you all are forming a circle around the world and say the Girl Scout promise and Law.

3. Troop Business

- Assign Kaper duties & give announcements

4. Main Activity

- Create a team passport: Use sheets of paper or a roll of paper. Each time the girls meet, they might mark off a panel and fill it in with stickers, rubber stampings, drawings, writing, pictures, photos or whatever they choose. The panels could be titled or numbered like chapters in a storybook panel in a comic strip, and taped together as the journey progresses.
- Talk about different games around the world
- Show the girls a map or globe- Ask the girls where they are connected on the globe and write it down on a sticky note.
- Read “Flying into Shali’s Desert Home” in the journey book. Ask them questions about the story.

5. Snack

- Hummus and pita chips and fig newtons

6. Closing

- Recite the following poem with the girls: Our journey began today, we reached into worlds faraway, we’ll reach even father on our adventure to come as we hear stories about girls read stories about girls and share stories about girls like you, and you, and you, and me! Our world of girls is a great place to be!

6th MEETING

GOALS

- Understanding they are a part of so many things in the world
- Earn the Hear a Story Award

SUPPLIES

- | | |
|---------------|-------------|
| Team passport | Markers |
| Jump ropes | Blank Paper |

1. Arrival Activity

- Lay out pictures of different parts of the world.
-

2. Opening Activity

- Recite the Pledge of Allegiance, Girl Scout Promise and Law
 - Girls in My World- opening ceremony: Invite the girls into a Friendship Circle and say: Let's each name one thing you like to do with other girls, whether one friend, members of your family, or large group of girls.
 - After all the girls have had a turn, ask them to think over what their sister Brownies said and then go around the circle again, with each one saying: I like to _____, too, just like (name of another Brownie).
-

3. Troop Business

- Assign Kapers to each girl
 - Prompt the girls to discuss what they would like to do in their troop, discuss upcoming troop events, or tell them about a future plan.
-

4. Main Activity

- Overlapping Worlds: You will need jump ropes for this activity. Using the jump ropes, get the girls to make big overlapping circles on the floor. Invite the girls to stand in the circles, based on the groups they are part of, as you identify each circle, by saying things like: "if you play a sport, stand in this circle. If you sing or play an instrument, stand in this circle. The circles will overlap on the floor or ground because the girls are a part of more than one group.) After every girl is in at least one circle; create a final large circle around all of the girls with the one remaining jump rope. Ask: What does this circle stand for? Give the girls a few moments to answer, and then say: Girl Scout Brownies of course- the group that all of you share!
 - Me and My Girl Worlds- Pass out a sheet of blank paper to each girl and put markers on the table. Get the girls to draw a circle that takes up most of the paper, fold the paper into quarters, and then unfold the paper. The circle stands for your world. In each quarter of the circle, write or draw one of the groups of girls or women who are part of your world. (Examples- girls or women in their family, girls or women at school, or girls or women at soccer or dance class.) After the girls have drawn their groups, invite each to choose one of them to share what she likes about it and how she feels when she is with this group.
-

5. Snack

- Put a zip lock with popcorn and mini marshmallows in a brown bag for each of the girls. Label the bag "Pop" Secret Snacks.
-

6. Closing

- End the meeting by doing the friendship squeeze and/ or singing a song.

